SQT

TRAINING THAT DEVELOPS
REAL CAPABILITY









ISO 45001 Implementation (OH&SMS)

HS016

ISO 45001 Implementation (OH&SMS)

Organisations across all industries are under increasing pressure to prioritise employee health & safety while meeting legal obligations. ISO 45001 offers a structured framework for improving occupational health and safety, replacing the previous OHSAS 18001 standard.

This one-day course introduces participants to the structure, terminology and key requirements of ISO 45001. The standard follows the Annex SL format, a universal framework that standardises structure, core text and terminology across all ISO management system standards. This alignment simplifies integration with other systems and ensures consistency in implementation across various disciplines. Learners will gain clarity on how to implement a health and safety management system (OH&SMS) that aligns with both legal and strategic goals.

Duration & Price

Duration: 1 day
Delivery mode: This programme is available In-Company

Dates & Locations

In-Company training programmes are customised for your organisations specific needs. Most In-Company training is now delivered virtually.

In-Company Training

Please contact us for more information on our In-Company training options

What's covered?

This course provides a step-by-step guide to implementing ISO 45001 in line with current best practices and statutory requirements.

Key topics include:

- Evolution of OH&S systems and comparison to ISO 9001 and ISO 14001 management systems
- IMS and integration with ISO 9001/14001
- Implementation of ISO 45001 requirements specific to OH&S management systems
- Organisational context and stakeholder needs
- Leadership, H&S policy and OH&S objectives
- Hazard Identification and risk assessment
- Operational control and outsourced services
- Emergency preparedness and incident response
- Certification process overview
- Documentation examples and templates

The course emphasises practical implementation and can be tailored for In-Company delivery.

Who should participate?

This course is designed for anyone involved in health, safety, quality and environmental roles who are seeking to implement or enhance an OH&SMS aligned to ISO 45001.

Suitable roles include:

- Health and Safety Officers and Managers
- Technical Managers
- Environmental Managers
- Quality Managers
- Safety Representatives

English Language Competency
A good standard of written and spoken English is important to engage effectively with this programme.

What will I learn?

On successful completion of this course, learners will be able to:

- Understand the requirements and intent of ISO 45001
- Compare occupational health and safety systems with ISO 9001 and ISO 14001
- Understand the concept of Integrated Management Systems (IMS)
- Develop an OH&S management system suitable for implementation within an organisation
- Locate guidance and resources for OH&S implementation

These outcomes are designed to deliver practical and applicable knowledge for immediate use.

How do we train and support you?

We use a highly practical methodology to ensure learners can apply the learning immediately back in the workplace.

Support includes:

- Pre-course consultation for in-company delivery
- Access to comprehensive course material that is regularly reviewed and updated to reflect the latest industry standards and guidance
- Flexible delivery options to suit different needs:
- Onsite and live virtual training for your team
- Scheduled virtual public courses for individuals to join independently
- Real-time support from expert tutors

Class sizes are generally limited to 15 to support personalised learning and individual support.

How can you progress?

This course provides a strong foundation for further development in management systems.

Next steps may include:

- ISO 45001 Internal Auditor (OH&SMS)
- ISO 45001 Lead Auditor (OH&SMS)
- Internal Auditing - Integrated Management Systems (ISO 9001, ISO 14001, ISO 45001)

Tutors



John Collins
View Profile



Shane Curran
View Profile

What Our Learners Say

We believe in excellence through transparency and continuous improvement. That's why we invite all our delegates to share their experiences on CourseCheck.com, an independent platform dedicated to genuine, unfiltered feedback. Learner insights help us not only to enhance our training programmes but also empower potential learners to make informed decisions. Click on the link below to read firsthand experiences and testimonials from past learners.



Click Here

SQT TRAINING THAT DEVELOPS *REAL* CAPABILITY

SQT provide a unique combination of high quality, accredited, practical training delivered by leading industry experts and supported by the most up to date learning technology and tools

LEAN SIX SIGMA, PROCESS & PROJECT MANAGEMENT

- Lean Six Sigma
- Join our Lean Six Sigma Network
- Continual Process Improvement
- Project & Programme Management

COMPLIANCE, STANDARDS & AUDITING

- Quality
- Environment & Energy Management
- Health & Safety
- Food Safety
- Life Sciences
- Laboratory
- Integrated Management Systems

LEADERSHIP & PERSONAL DEVELOPMENT

- Leadership & Personal Development
- Train the Trainer

QQI AWARD | IEMA APPROVED | CompEx Part of the JTL Group | FSPCA FOOD SAFETY PREVENTIVE CONTROLS ALLIANCE | CQI IRCA APPROVED TRAINING PARTNER | Chartered Institute of Environmental Health

SQT Training Ltd. | T: +353 61 339040 | E: info@sqt-training.com
W: sqt-training.com

Please follow us on social media for relevant news, events and updates