SQT

TRAINING THAT DEVELOPS *REAL* CAPABILITY









# Internal Auditing - Integrated Management Systems (ISO 9001, ISO 14001 and ISO 45001)

MS003

# Internal Auditing – Integrated Management Systems (ISO 9001, ISO 14001 and ISO 45001)

Internal audits are essential to maintaining effective management systems, ensuring both compliance and improvement. This intensive two-day course equips learners with the practical skills and knowledge to audit integrated management systems based on ISO 9001 (Quality), ISO 14001 (Environmental), and and ISO 45001 (Occupational Health & Safety).

Designed with a focus on real-world application, this programme prepares learners to conduct meaningful internal audits that go beyond checklists. Whether preparing for certification or driving continuous improvement, learners will leave with confidence and competence in integrated auditing.

## Duration & Price

Duration: 2 days
Public Virtual Training: £465
Delivery mode: This programme is available In-Company, and via Public Virtual Training

## Dates & Locations

| Date | Venue | |
|---|---|---|
| 03 - 04 Dec 2026 | Virtual | Book Date |
| 28 - 29 Jan 2027 | Virtual | Book Date |
| 18 - 19 Feb 2027 | Virtual | Book Date |
| 02 - 03 Mar 2027 | Virtual | Book Date |

## In-Company Training

Please contact us for more information on our In-Company training options

## What's covered?

This course blends theory with case-based practice to support learning. Key topics include:

Day 1:

- Overview of ISO 9001, ISO 14001 and ISO 45001
- Evolution and comparison of ISO 9001 ISO 14001 and ISO 45001
- Process mapping and planning integrated systems
- Risk assessment process and practical case studies
- Implement and operate the management system, including checks, corrective actions and management review processes

Day 2:

- Prepare audit documentation and audit plans
- Build and coordinate an effective audit team
- Conduct audits using appropriate techniques and tools
- Gather and evaluate audit evidence
- Present and report audit findings clearly
- Apply learning through case-based audit scenarios

The content can be customised for In-Company delivery to meet specific organisational needs.

## Who should participate?

This course is ideal for individuals responsible for quality, environmental and health & safety systems within their organisation. It suits those seeking to strengthen their internal audit capability or support certification efforts.

It is relevant for:

- EHS Officers and Managers
- Quality Managers and Auditors
- Environmental Managers
- Engineers and Technical Managers
- Safety Representatives
- Internal Management Systems Auditors

English Language Competency
A good standard of written and spoken English is important to engage effectively with this programme.

## What will I learn?

On successful completion of this course, learners will be able to:

- Understand the elements of ISO 9001, ISO 14001 and ISO 45001
- Interpret and apply the documentation requirements of ISO 9001, ISO 14001 and ISO 45001
- Plan and conduct internal audits in line with ISO guidelines
- Apply process auditing techniques across integrated systems
- Collect and analyse evidence objectively
- Evaluate audit evidence and report findings effectively
- Identify opportunities for system improvement through auditing

These outcomes support practical auditing capabilities that directly benefit the organisation.

## How do we train and support you?

This programme is grounded in practical, interactive learning supported by expert-led delivery.

- Pre-training consultation (for In-Company courses)
- Where appropriate, exercises incorporate the organisation's own management systems documentation, offering learners the opportunity to practise audit techniques in a relevant and realistic setting. This hands-on approach culminates in a tutor-supervised internal audit, reinforcing practical application and embedding core learning outcomes.
- Flexible delivery options to suit different needs:
    - onsite and live virtual training for your team
    - scheduled virtual public courses for individuals to join independently
- Real-time support from expert tutors

Class sizes are generally limited to 10 - 12 to support personalised learning and individual support.

## How can you progress?

Learners who complete this course may wish to progress to:

- ISO 9001 Lead Auditor (QMS) - CQI & IRCA Certified
- ISO 45001 Lead Auditor - CQI & IRCA Certified
- IEMA Lead Environmental Auditor (ISO 14001)

This course provides an excellent foundation for continued development in auditing and compliance.

## Tutors



**John Collins**
View Profile



**Shane Curran**
View Profile

## What Our Learners Say

We believe in excellence through transparency and continuous improvement. That's why we invite all our delegates to share their experiences on CourseCheck.com, an independent platform dedicated to genuine, unfiltered feedback. Learner insights help us not only to enhance our training programmes but also empower potential learners to make informed decisions. Click on the link below to read firsthand experiences and testimonials from past learners.




Click Here

# SQT TRAINING THAT DEVELOPS *REAL* CAPABILITY

SQT provide a unique combination of high quality, accredited, practical training delivered by leading industry experts and supported by the most up to date learning technology and tools

## LEAN SIX SIGMA, PROCESS & PROJECT MANAGEMENT

- Lean Six Sigma
- Join our Lean Six Sigma Network
- Continual Process Improvement
- Project & Programme Management

## COMPLIANCE, STANDARDS & AUDITING

- Quality
- Environment & Energy Management
- Health & Safety
- Food Safety
- Life Sciences
- Laboratory
- Integrated Management Systems

## LEADERSHIP & PERSONAL DEVELOPMENT

- Leadership & Personal Development
- Train the Trainer

QQI AWARD | IEMA APPROVED | CompEx Part of the JTL Group | FSPCA FOOD SAFETY PREVENTIVE CONTROLS ALLIANCE | CQI IRCA APPROVED TRAINING PARTNER | Chartered Institute of Environmental Health

SQT Training Ltd. | T: +353 61 339040 | E: info@sqt-training.com
W: sqt-training.com

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