SQT

TRAINING THAT DEVELOPS
REAL CAPABILITY









Management & Executive Development

LPD010

Management & Executive Development

Effective leadership is a critical factor in organisational success. Research shows that management and leadership style significantly influences employee retention and engagement. In today's complex work environment, leaders require more than just the cognitive skills to plan and organise. They must also inspire, motivate and develop those they lead.

This programme provides an immersive learning experience designed to build self-awareness, refine leadership style and develop essential management skills. Learners will gain practical tools and insights to lead with authenticity, foster team success and address key business challenges with confidence.

This programme can be fully customised to support strategic organisational priorities while addressing individual learning goals.

Duration & Price

Duration: 1-3 days
Delivery mode: This programme is available In-Company

Dates & Locations

In-Company training programmes are customised for your organisations specific needs. Most In-Company training is now delivered virtually.

In-Company Training

Please contact us for more information on our In-Company training options

What's covered?

This programme blends self-reflection, leadership theory and practical skills application to help learners become more effective leaders.

Key topics include:

- Self-management, leadership competencies and understanding personal leadership style
- The role of the manager/leader in achieving organisational goals and addressing business challenges
- Adapting leadership styles to suit different individuals and situations
- Effective interpersonal communication
- Performance management and employee motivation
- Reviewing and planning employee progress for success
- Conflict resolution, team dynamics and building trust
- Practical skills application of leadership theories and models

The course is designed for maximum relevance, with In-Company tailoring to address specific organisational needs.

Who should participate?

This course is ideal for managers and leaders at all levels, whether new to their role or seeking to enhance existing skills. It suits individuals working in any sector who are committed to improving their leadership effectiveness.

Typical participants include:

- Team Leaders
- Supervisors
- Middle Managers
- Senior Executives

It is particularly valuable for those aiming to develop a more impactful and authentic leadership style.

English Language Competency
A good standard of written and spoken English is important to engage effectively with this programme.

What will I learn?

On successful completion of this course, learners will be able to:

- Analyse key business issues and apply leadership competencies to achieve organisational goals.
- Motivate individuals and teams to deliver desired results.
- Communicate effectively and provide constructive feedback.
- Enhance the impact of leadership interactions in daily practice.
- Resolve conflicts and manage diverse team dynamics.
- Lead discussions with clarity and purpose.

These outcomes ensure that learning translates directly into practical workplace performance.

How do we train and support you?

We use a highly interactive, practical methodology rooted in experiential learning. This ensures that every learner has the opportunity to apply new techniques, receive feedback and reflect on personal development throughout the course.

Support elements include:

- Pre-training consultation for in-company courses to tailor content to learner and organisational needs
- Facilitated skills practice sessions recorded for feedback and individual reflection, allowing learners to experiment in a safe, supportive space
- Guided post-training reflective activities designed to embed learning, support behavioural change and identify future goals
- Optional personalised coaching sessions (either one-to-one or group-based)
- Live training is available virtually or delivered onsite to suit the needs of the team
- DiSC profiling as an optional self-awareness tool
- Class sizes are generally limited to approx. 12 participants to support personalised learning and individual support.

How can you progress?

Learners who complete this course can progress to advanced leadership programmes or specialist management development modules, such as:

- Leading and Managing People - QQI Level 6
- Coaching Skills for People Managers
- Emotional Intelligence & its Role in Managing Effectively

This progression supports ongoing professional growth and career advancement.

Tutors



Gina Ryan
View Profile

What Our Learners Say

We believe in excellence through transparency and continuous improvement. That's why we invite all our delegates to share their experiences on CourseCheck.com, an independent platform dedicated to genuine, unfiltered feedback. Learner insights help us not only to enhance our training programmes but also empower potential learners to make informed decisions. Click on the link below to read firsthand experiences and testimonials from past learners.



Click Here

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SQT provide a unique combination of high quality, accredited, practical training delivered by leading industry experts and supported by the most up to date learning technology and tools

LEAN SIX SIGMA, PROCESS & PROJECT MANAGEMENT

- Lean Six Sigma
- Join our Lean Six Sigma Network
- Continual Process Improvement
- Project & Programme Management

COMPLIANCE, STANDARDS & AUDITING

- Quality
- Environment & Energy Management
- Health & Safety
- Food Safety
- Life Sciences
- Laboratory
- Integrated Management Systems

LEADERSHIP & PERSONAL DEVELOPMENT

- Leadership & Personal Development
- Train the Trainer

QQI AWARD | IEMA - APPROVED - | CompEx Part of the JTL Group | FSPCA FOOD SAFETY PREVENTIVE CONTROLS ALLIANCE | CQI IRCA APPROVED TRAINING PARTNER | Chartered Institute of Environmental Health

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