SQT TRAINING THAT DEVELOPS *REAL* CAPABILITY









Project Management Professional (PMP)® Preparation Course

PM011

Project Management Professional (PMP)® Preparation Course

This Project Management Professional (PMP)® Preparation Course is designed to equip learners with the knowledge, tools and practical techniques required to manage projects effectively across a variety of organisational environments. The programme aligns with the Project Management Body of Knowledge and reflects the structure and content of the PMP® certification examination.

Through an applied and experience-based approach, learners develop a strong understanding of modern project management practices including predictive, agile and hybrid ways of working. The course places strong emphasis on leadership, stakeholder engagement and value delivery to ensure learners are well prepared for both professional practice and PMP® exam success.

Duration & Price

Duration: 3-4 days
Delivery mode: This programme is available In-Company

Dates & Locations

In-Company training programmes are customised for your organisations specific needs. Most In-Company training is now delivered virtually.

In-Company Training

Please contact us for more information on our In-Company training options

What's covered?

This programme builds a comprehensive understanding of the PMP® framework while focusing on the practical application of tools and techniques used throughout the project lifecycle. Content reflects real project environments and supports immediate application in the workplace.

Key topics include:

- Business environment and benefits realisation
- Organisational change and continuous improvement
- Stakeholder identification, analysis and engagement
- Team formation, virtual collaboration and shared understanding
- Project approaches including predictive, iterative and adaptive
- Scope definition using work packages and user stories
- Schedule, budget and resource planning
- Risk assessment and quality planning
- Leadership, emotional intelligence and conflict management
- Performance monitoring, change control and issue management
- Project and phase closure, knowledge transfer and value realisation

The programme is highly practical and can be tailored for In-Company delivery to align with organisational context and project challenges.

Learners must independently apply for the PMP® certification examination directly with the Project Management Institute.

Who should participate?

This programme is suitable for learners who are planning to sit the Project Management Professional (PMP)® certification exam and for those seeking to strengthen their professional project management capability. It is particularly relevant for individuals responsible for delivering projects, leading teams or contributing to organisational change initiatives.

A good standard of written and spoken English is important to engage effectively with this programme.

What will I learn?

On successful completion of this course, learners will be able to:

- Explain the PMP® exam process and application requirements
- Apply appropriate project management approaches including predictive, agile and hybrid
- Analyse business environments to support benefits realisation and value delivery
- Develop integrated project plans covering scope, schedule, cost, risk and quality
- Lead and support project teams using effective leadership and communication techniques
- Engage and manage diverse stakeholders throughout the project lifecycle
- Monitor, control and close projects to achieve defined business outcomes

These outcomes ensure learners return with practical skills and knowledge necessary to manage projects effectively and approach the PMP® certification exam with confidence.

How will I be assessed?

This programme provides structured learning support and exam preparation activities only and does not include any formal assessment, grading or certification decision related to the PMP® certification examination. Learners must independently apply for the PMP® certification examination directly with the Project Management Institute.

As part of the course, guidance and practical advice will be provided on the application process, eligibility requirements and supporting documentation but applications / booking examinations are the sole responsibility of the learner.

Additional information on the application process and certification requirements are available at https://www.pmi.org/certifications/project-management-pmp

How do we train and support you?

Training is delivered using an interactive and practical methodology that encourages participation, discussion and real-world application. Learners engage with case studies, exam-style questions and collaborative exercises aligned to PMP® requirements.

Support includes:

- Pre-training consultation to align objectives and expectations
- Comprehensive course materials and PMP® aligned resources
- Access to the PMP® Exam Simulator
- Interactive classroom-based learning

Class sizes are generally limited to 12–15 learners to support personalised learning and individual support.

How can you progress?

This programme supports progression towards PMP® certification and enhanced professional practice in project management.

Learners may progress to:

- PMP® certification examination
- Managing Successful Projects
- Project Risk Management
- Applying Agile & Scrum Practices in your Organisation

Tutors



Liam Dillon
View Profile

What Our Learners Say

We believe in excellence through transparency and continuous improvement. That's why we invite all our delegates to share their experiences on CourseCheck.com, an independent platform dedicated to genuine, unfiltered feedback. Learner insights help us not only to enhance our training programmes but also empower potential learners to make informed decisions. Click on the link below to read firsthand experiences and testimonials from past learners.



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SQT provide a unique combination of high quality, accredited, practical training delivered by leading industry experts and supported by the most up to date learning technology and tools

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- Join our Lean Six Sigma Network
- Continual Process Improvement
- Project & Programme Management

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- Food Safety
- Life Sciences
- Laboratory
- Integrated Management Systems

LEADERSHIP & PERSONAL DEVELOPMENT

- Leadership & Personal Development
- Train the Trainer

QQI AWARD | IEMA APPROVED | CompEx Part of the JTL Group | FSPCA FOOD SAFETY PREVENTIVE CONTROLS ALLIANCE | CQI IRCA APPROVED TRAINING PARTNER | Chartered Institute of Environmental Health

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